A woman should use no cosmetics as doing so might cause the baby to be a "pinto." There are two such individuals in the tribe, their skins being mottled with light patches lacking in pigment. Costume jewelry which circles any part of the body (rings, bracelets, necklaces) should not be worn, as these may cause a constriction on the same part of the baby's body or entanglement with the umbilical cord. One woman said that neither these things, nor earrings, should be worn because a similar mark might appear on the baby's skin. 843 [143]

A woman should drink only lukewarm liquids. Cold water would break her teeth off "like glass," and hot coffee or other hot beverages would cause her face to wrinkle and age rapidly. [271]

A pregnant woman should get up quickly and "step fast after some peaches to dry or some firewood" lest she have a slow, difficult delivery. On the morning that a child (of either sex) is born, the father runs at top speed toward the rising sun so that the child will not be lazy and will win races. [844]

A woman risks miscarriage if she rides horseback before she feels the baby move; after life is felt, riding will not cause miscarriage. Women who leave the canyon to give birth in a hospital must travel on horseback during the latter weeks of pregnancy, riding either 14 miles to a rough dirt road or eight miles to a graded road where other transportation is available. [492]

Left-handedness is caused by a mother who reaches for her baby with her left hand. One woman thought her son was left-handed because he was delivered by a left-handed physician. [826]

Spier (1928, 277, 300) noted that if a mother heard a hawk's cry, her child would have the hawk's spirit which would cause it to sicken. When Alfred Hanna (born 1934) became ill, a shaman, Kit Jones, diagnosed the cause of illness as a hawk's spirit which he successfully drove out. The boy's health improved, and Kit is credited with saving Alfred's life and insuring his normal development. 843 825 [755] [774]

Present informants say that listening attentively to a mourning dove, a squirrel, "or any sound like that," would have the same effect. One woman said, "You can't help hearing, but you shouldn't really listen and think about it. I knew that, but I just couldn't help listening when there was a noise like that. My boys were both sick from it until they were about two years old. When a child like that cries, he turns blue and faints, but you can throw water on his face and he comes to." The sons of this woman were not seriously ill, and both stopped what sounds suspiciously like temper tantrums without assistance from a shaman.

Twins may be caused by eating fruit which is formed with two sections joined on a single stem, or by eating an ear of corn with two or three divisions at the small end. 845 [824]